Lexile	860	
	Count	211

Name:
-------

I read	Words
in	Minutes

26

38

51

62

83

93

105

116

124

130

136

144

153

160

166

175

184

191

199

208

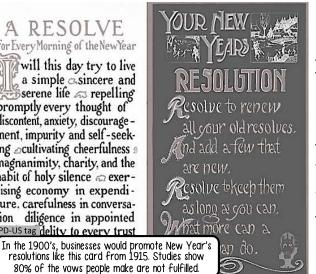
211

## **New Year's Resolutions**

Have you ever made a promise to yourself? A New Year's resolution is a promise for self-improvement. The promise is made on the first day of January. New Year's resolutions are part of tradition and easy to practice.

First of all, New Year's resolutions have a history with people. The first records of resolutions come from the Ancient Babylonians. Every new year, people would resolve their problems by paying money owed and returning things borrowed. The Ancient Romans and Medieval knights practiced similar resolutions by making promises and renewing their vows. Soon, Western cultures like people in the United States, started making New Year's resolutions. Businesses, such as postcard companies, would promote sales by making New Year's resolution cards and sending them to customers.

## A RESOLVE For Every Morning of the New Year will this day try to live a simple asincere and Sserene life as repelling promptly every thought of discontent, anxiety, discourage ment, impurity and self-seeking ocultivating cheerfulness of magnanimity, charity, and the habit of holy silence a exercising economy in expenditure, carefulness in conversation diligence in appointed PD-US tag delity to every trust



Making New Year's resolutions are an easy practice. Just think about something positive to do start doing or negative things to quit doing. You can choose to get better arades, have better manners, or eat healthy vegetables. You can also make resolutions to quit bad habits like staying up too late. The goal is to keep the resolution for the whole year. If everyone made and kept their vows, the world would be a better place. Do you know some good ideas for a New Year's resolution?

1. What is the main idea of the information in the text?

2. Write two to three details from the text to support the main idea. 3. Explain how the picture and caption connect to the passage.

ELA- RI.1, RI.3, RI.8, RI	Name:
New Year's	Resolutions
1. What is a New Year's resolution?	Use 2 key facts in your answer.
· ·	ow New Year's resolutions are part of evidence from the text in your answer.
3. Find the first sentence of the last to support this sentence.	paragraph. Use evidence and reasons
4. Choose, circle, define, or write a series of the self-improvement owed	·
Bonus: Write or make a list of Positive and Positive:	Negative New Year's resolutions.
Negative:	

Page \_\_\_\_\_

©JHarrod

©Nilly Dilly's